

HOLLY HUBER

NEUROFEEDBACK & NEUROSTIMULATION SPECIALIST

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PERSONAL PROFILE

Holly's specialization has flourished from her breadth of experience working with various niches of neurofeedback and neuromodulation. For years she has developed expertise in mental health and clinical neurostimulation, training clients and herself in altered and peak states of consciousness, as well as making neurotraining accessible through remote neurofeedback work. Clients and colleagues usually describe her as caring, passionate, hardworking, mindful, spiritual and wholesome. Through her life's lens of witnessing humans find themselves again, Holly sees neurotraining as a foundational way to create the soul healing. She hopes that this foundation and the profound strength of the heart can bridge a client's path into the greater collective healing.

WORK EXPERIENCE

Abbey Neuropsychology Clinic

May 2021 - January 2022

Dr. Richard Abbey PhD (Owner & Clinical Neuropsychologist)

- Remotely trained clients using 19-channel EEG neurofeedback & HeartMath biofeedback
- Refined skill-set in editing raw EEG
- Learned the coordination, dedication & care required to be a large, remote, successful neuropsychology team

40 Years of Zen

February 2019 - April 2021

Dr. Drew Pierson, L.Ac., DAOM (Head of Neuroscience)

- Observed & studied the real-time data of various consciousness states on a daily basis
- Translated the analysis of client data so clients could recognize states more easily, build upon themselves & integrate the process into their daily lives
- Discovered ways to expand the realms of possibility utilizing neurotechnology, specific emotional skill-building, & more

Neurotherapy Center of Nebraska (NCN)

June 2015 - December 2018

Erica Kube MS, LIMHP, LMHP, CPC, BCN (Owner & Neurotherapist)

- Curated and conducted thousands of neurofeedback and neurostimulation sessions with a wide variety of clients
- Assisted in translation of EEG between practitioner & clients
- Learned the foundational ethics of caring for vulnerable populations
- Spearheaded the clinic's utilization of breathing techniques and HeartMath biofeedback training



EDUCATION

Bachelors in Sociology - University of Nebraska

Graduated December 2015

- Began college on scholarship as a theatre major
- Always studied religion & psychology in extra coursework
- Discovered neurofeedback in her second year and began major in neuroscience for two years, then switched to sociology
- Sociology thesis bridged social anxiety testing to meet the sociological perspective

Advanced NeuroField Neurostimulation Training

June 2017 - June 2018 - Summer 2019 - Online Seminars

- NeuroField is the most advanced & approved neurotherapy/neurostimulation company in the neurofeedback field
- Accumulated knowledge focused on utilizing pEMF, tACS, tDCS, tRNS, etc on the brain
- Found that clinically using these tools properly exceeded healing expectations, timeline, & long-term outcomes
- Personally experimented frequently & documented results

BCIA Neurofeedback Technician Didactic Course

Fall 2020

- Weeklong course teaching the history, ethics, and application of technical neurofeedback work
- Required for neurofeedback technician certification
- Adapted understanding of basic neurofeedback equipment by using new hardware and software

HeartMath Mentor

Since 2018

- Utilized mentor training at Neurotherapy Center of NE
- Combined HeartMath biofeedback with meditation & breathing techniques
- Aided clients with anxiety, trauma, stress, insomnia, ADHD, ODD, autism, & POTS
- Analyzed breath data at 40 Years of Zen to create individualized breathing techniques

Aroma Point Master

Spring 2019

- Aroma Point Therapy combines essential oils & acupressure points
- The therapy bolstered & opened clients in various consciousness states while going through the Zen program
- Currently uses this in her own routine



OTHER ENDEAVORS

Meditation

Since 2014

After beginning meditation as part of her collegiate studies, it became a key holder in living with & overcoming her severe autoimmune pain. In 2018 & 2019, she entered her most intensive study of meditation, which included the study of spiritual yoga, Joe Dispenza, Qi Gong, and Vishen Lakiani's manifestation meditations regularly. She currently practices Qi Gong, mind quieting, and personal prayer.

NeuroEnlightenment

Consulting - Tech Training - Spirituality

This company, based in the Sacred Valley in Peru, is merging with retreat centers and spiritual seekers to collect data on spiritual states to see how the brain is affected by impactful shifts in consciousness. They are also working toward providing neurointegration for those going through retreat programs.

This year Holly has worked remotely and in Peru to help NeuroEnlightenment gain proper equipment and expertise. While in Peru, she trained their neuro technicians and practitioners, helped them in marketing & website development, as well as created business strategies to gracefully merge with retreat centers in Peru & Costa Rica.

Our Dreams That Are Promises

Poetry Book - Inner Child - Personal Promise

A book of collective poems Holly recently published. The reader is taken on a chronological path of several hundred poems written when Holly was a young girl. It is one of her greatest lessons - that some dreams are forever timeless.

Other Hobbies

Wonder - Sweetness - Laughter - Acceptance - Passion

In her free time, Holly enjoys being amongst her family and friends and spending time in nature. She greatly enjoys hiking, the ocean, music, dancing, tarot reading, stretching, meditation, long walks, and learning new creative endeavors.

